UNIVERISTY OF COLROADO DENVER DEPARTMENT OF PSYCHIATRY BIOGRAPHICAL SKETCH

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NAME	POSITION TITLE
Thomas, Marshall R., MD	Professor

EDUCATION/TRAINING (Begin with baccalaureate or other initial professional education, such as nursing, and include postdoctoral training.)

INSTITUTION AND LOCATION	DEGREE (if applicable)	YEAR(s)	FIELD OF STUDY
University of Texas, Austin TX	B.A.	1972-1976	Plan II
Baylor College of Medicine, Houston TX	M.D.	1976-1980	Medicine
University of Colorado Health Science Center, Denver CO		1980-1984	Resident/Psychiatry
University of Colorado Health Science Center, Denver CO		1984-1986	Clinical Fellow/ Psychiatry
University of Colorado Health Science Center, Denver CO		1985-1990	Denver Institute for Psychoanalysis

A. <u>ACADEMIC APPOINTMENTS</u>, ROFESSIONAL POSITIONS, AND HONORS Positions and Employment

1985-1986	Ward Chief, Inpatient Teaching Unit, Denver VA Medical Center
1986-1991	Instructor, Department of Psychiatry, University of Colorado Health Sciences Center
1986-1990	Ward Chief, Inpatient Teaching Unit, Denver General Hospital, 4 East
1991-1999	Assistant Professor, Dept of Psychiatry, University of Colorado Health Sciences Center
1992-1993	Director, Psychiatric Inpatient Services, University of Colorado Health Sciences Center
1994-1998	Director, Psychiatric Acute Care and Inpt Services, Univ of Colorado Hth Sciences Ctr
1996-1998	Medical Director, University Mental Health Services, Univ of Colorado Hth Sciences Ctr
1997-1998	Medical Director, Signal Behavioral Health Network
1998-2008	Executive Director, Univ of Colorado Psychiatric Services, Clinical Investigation Program
1998-2002	Medical Director, Colorado Psychiatric Health, Univ of Colorado Hth Sciences Ctr
1999-2007	Associate Professor, Department of Psychiatry, Univ of Colorado Hth Sciences Ctr
1999-2002	Vice President and Medical Director for Behavioral Health, Colorado Access
2000-2005	Faculty, Clinical Science Graduate Program, Univ of Colorado Hth Sciences Ctr
2002-Present	Medical Director of Psychiatric Services, University of Colorado Hospital
2003-Present	Chief Medical Officer, Colorado Access
2003-2006	Vice President of Medical Services, Colorado Access
2004-Present	Vice Chairman for University of Colorado Hospital, Department of Psychiatry
2006-Present	President and Chief Executive Officer, Colorado Access
2007-Present	Professor of Psychiatry with tenure, University of Colorado Denver School of Medicine
2008-Present	Executive Director, University of Colorado Denver Depression Center

Other Experience and Professional Memberships

1984-present	American Psychiatric Association
1984-present	Colorado Psychiatric Association
1990-2005	American Psychoanalytic Association
1990-2000	American Society of Clinical Psychopharmacology
1995-present	Board Examiner, American Board of Psychiatry and Neurology
1996	Fellow, American Psychiatric Association
2006-Present	International Society for the Study of Bipolar Disorder

<u>Honors</u>	
1980	Departmental Award for Outstanding Achievement in Psychiatry, Baylor SOM
1984	Gold Apple Teaching Award, University of Colorado Health Sciences Center
1996	Young Investigators Research Symposium on Mental Health Services Research, APA
2000	Outstanding Research Mentor Award, University of Colorado Health Sciences Center Clinical
	Science Graduate Program
2005	Jay Scully Teaching Award, University of Colorado Denver Health Science Center
2006	Katharine Reed Cummings Award, Colorado Organization for Program Evaluation

B. TEACHING ACTIVITIES

2006-present	Lecturer, Medical Student, Applied Clinical Pharmacology Course
2002-present	Course Coordinator and lecturer, PGY-IV Public and Administrative Psychiatry Course
1990-2004	Instructor, Psychopharmacology Course, PGY-III, University of Colorado Health Sciences
	Center (UCHSC)
1992-1999	Course Coordinator, Denver Psychoanalytic Institute, Course on Psychobiology and
	Psychosomatics
1994-1998	Course Coordinator, Managed Care Course, PGY-II Residents, UCHSC
1992-1995	Instructor, Psychopharmacology Course, University of Denver
1992-1993	Co-Instructor, Denver Psychoanalytic Institute, Case Conference
1989-1994	Instructor, Development Course, PGY-II Residents, UCHSC
1985-1990	Instructor, Hospital Psychiatry Course, PGY-II Residents, UCHSC

C. CLINICAL ACTIVITIES

See Section A.

In addition:

1984-1995 Inpatient psychiatric practice

1984-present Outpatient medical psychotherapy and consultation practice

D. SCHOLARSHIP AND PUBLICATIONS

(Publications selected from 31 peer-reviewed publications)

- 1. Barry CL, Thomas MR. Economic grand rounds: improving the quality of depression care in Medicaid. *Psychiatr Serv.* Oct 2005;56(10):1193-1195.
- 2. Dubovsky SL, Buzan R, Thomas M, Kassner C, Cullum CM. Nicardipine improves the antidepressant action of ECT but does not improve cognition. *J Ect.* Mar 2001;17(1):3-10.
- 3. Dubovsky SL, Thomas M. Psychotic depression: advances in conceptualization and treatment. *Hosp Community Psychiatry*. Dec 1992;43(12):1189-1198.
- 4. Dubovsky SL, Thomas M. Beyond specificity: effects of serotonin and serotonergic treatments on psychobiological dysfunction. *J Psychosom Res.* May 1995;39(4):429-444.
- 5. Dubovsky SL, Thomas M. Tardive dyskinesia associated with fluoxetine. *Psychiatr Serv.* Sep 1996;47(9):991-993.
- 6. Dubovsky SLM, Thomas MM. Approaches to the Treatment of Refractory Depression. *Journal of Practical Psychiatry & Behavioral Health.* 1996;2(1):14-22.
- 7. Frances A, Thomas MR, Thompson TL, 2nd. A quadriplegic patient with borderline personality disorder. *Hosp Community Psychiatry*. May 1985;36(5):463-464, 474.
- 8. Giese AA, Thomas MR. Dissociative symptoms in psychotic mood disorders: An example of symptom nonspecificity. *Psychiatry: Interpersonal & Biological Processes*. Spring 1997;60(1):60.
- 9. Kilbourne AM, McGinnis GF, Belnap BH, Klinkman M, Thomas M. The role of clinical information technology in depression care management. *Adm Policy Ment Health*. Jan 2006;33(1):54-64.
- 10. Kilbourne AM, McGinnis GF, Belnap BH, Klinkman M, Thomas M. The role of clinical information technology

- in depression care management. Adm Policy Ment Health. Jan 2006;33(1):54-64.
- 11. Morris CD, Miklowitz DJ, Wisniewski SR, Giese AA, Thomas MR, Allen MH. Care satisfaction, hope, and life functioning among adults with bipolar disorder: data from the first 1000 participants in the Systematic Treatment Enhancement Program. *Comprehensive Psychiatry*. 2005;46(2):98-104.
- 12. Schneck CD, Miklowitz DJ, Calabrese JR, et al. Phenomenology of rapid-cycling bipolar disorder: data from the first 500 participants in the Systematic Treatment Enhancement Program. *Am J Psychiatry*. Oct 2004;161(10):1902-1908.
- 13. Schneck CD, Thomas MR, Gundersen D. Sexual side effects associated with valproate. *J Clin Psychopharmacol*. Oct 2002;22(5):532-534.
- 14. Thomas MR, Dubovsky SL, Cox-Young B. Impact of external versus internal case managers on hospital utilization. *Psychiatr Serv.* Jun 1996;47(6):593-595.
- 15. Thomas MR, Fryer GE, Rosenberg SA, Kassner C, Dubovsky SL, Shore JH. Examining the link between high-volume providers and shorter inpatient stays. *Psychiatr Serv*. November 1, 1997 1997;48(11):1396-1398.
- 16. Thomas MR, Kassner CT, Fryer GE, Giese AA, Rosenberg SA, Dubovsky SL. Impact of shorter lengths of stay on status at discharge in bipolar mania. *Ann Clin Psychiatry*. Sep 1997;9(3):139-143.
- 17. Thomas MR, Rosenberg SA, Giese AA, Fryer GE, Dubovsky SL, Shore JH. Shortening length of stay without increasing recidivism on a university- affiliated inpatient unit. *Psychiatr Serv*. September 1, 1996 1996;47(9):996-998.
- 18. Thomas MR, Stoyva J, Rosenberg SA, et al. Selection bias in an inpatient outcomes monitoring project. *Gen Hosp Psychiatry*. Jan 1997;19(1):56-61.
- 19. Thomas MR, Waxmonsky JA, Gabow PA, Flanders-McGinnis G, Socherman R, Rost K. Prevalence of Psychiatric Disorders and Costs of Care Among Adult Enrollees in a Medicaid HMO. *Psychiatr Serv*. November 1, 2005 2005;56(11):1394-1401.
- 20. Thomas MR, Waxmonsky JA, McGinnis GF, Barry CL. Realigning clinical and economic incentives to support depression management within a medicaid population: the Colorado access experience. *Adm Policy Ment Health*. Jan 2006;33(1):26-33.
- 21. Thompson TL, 2nd, Thomas MR. Teaching psychiatry to primary care internists. *Gen Hosp Psychiatry*. Jul 1985;7(3):210-213.
- 22. Thompson TL, 2nd, Thomas MR. Depression: medical interface with psychiatry and treatment advances. *J Clin Psychiatry*. Oct 1986;47 Suppl:31-38.
- 23. Waxmonsky JA, Thomas MR, Miklowitz DJ, et al. Prevalence and correlates of tobacco use in bipolar disorder: data from the first 2000 participants in the Systematic Treatment Enhancement Program. *General Hospital Psychiatry*. 2005;27(5):321-328.
- 24. Thomas, MR, Waxmonsky J, McGinnis MSPH GF, Barry CL: Making the Business Care for Depression Care Management within a Medicaid Population: The Colorado Access Experience. APMH Vol 33(1) Jan 2006, 26-33

E. GRANTS AND CONTRACTS

ACTIVE

National Institute of Mental Health: R01 MH 079994-01 (Amy Kilbourne, Ph.D., MPH) 10/1/08-9/30/13 Implementing Chronic Care Management for Bipolar Disorder. (\$656,000)

This 5 year study will investigate the impact of tailoring the Life Goals Collaborative Care Program on implementation in community mental health centers.

Role: Site Principle Investigator

The Colorado Health Foundation 12/08-12/11

Promoting Resources for Integrated Care and Recovery (\$750,684).

Role: Primary Investigator

National Cancer Institute: 3U01CA114604-03S2 5/1/08-ongoing

Targeting Tobacco Cessation Interventions for Latinos/as with Depression. (\$77,000)

This pilot study under a Community Network Partners Grant (Paula Espinoza, PI) will develop smoking cessation strategies for Latinos/as with depression served in primary care clinics.

Role: Co-Investigator, Mentor

The Colorado Health Foundation 7/08-7/11

Colorado Access/Health Care Policy and Finance Collaborative Care Management Pilot Program Grant: (\$1,800,000)

Role: Primary Investigator

SELECTION OF COMPLETED PROJECTS

Caring for Colorado Foundation 2003 – 2006

Marshall Thomas M.D., Principal Investigator

Colorado Partnership for Integrated Care- Integration of Diabetes and Depression Care Management in Federally Qualified Community Health Clinic.

The major goal of this project was to implement and demonstrate the economic sustainability of integrated depression and diabetes care management in a Federally Qualified Health Clinic (Pueblo Community Health Center). Dr. Thomas was the principal investigator on this project.

Robert Wood Johnson Foundation

2002 - 2006

045030

Harold Pincus M.D., National Principal Investigator

Marshall Thomas M.D., Colorado Site Principal Investigator

Depression in Primary Care: Linking Clinical and Systems Strategies

The major goal of this project was to demonstrate the feasibility and effectiveness of combining best practice treatment of depression in primary care with financial and non-financial incentives for changing systems of care.

Dr. Thomas was the Colorado site principal investigator on this project.

National Institute of Mental Health (NIMH)

9/1999 - 9/2005

The Systematic Treatment Enhancement Program for Bipolar Disorder (STEP) (\$1,440,000)

Dr. Thomas was the principal investigator on this project.